

# Impact Report

2021

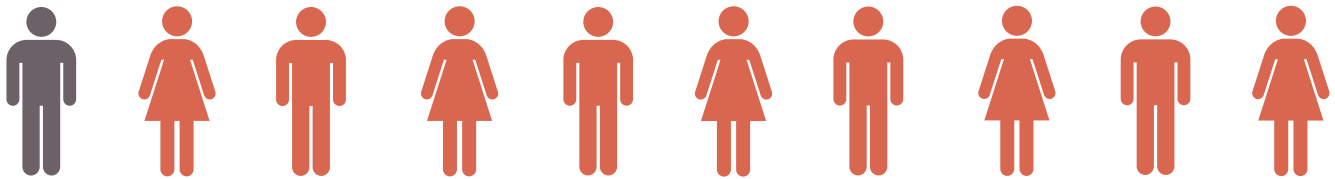
Administered by Utah Food Bank, the Commodity Supplemental Food Program (CSFP) was created by the U.S. Department of Agriculture to improve the health of low-income individuals at least 60 years of age, by supplementing their diets with nutritious foods.

“ I appreciate so much that a volunteer brings me my box since I don't drive. ”

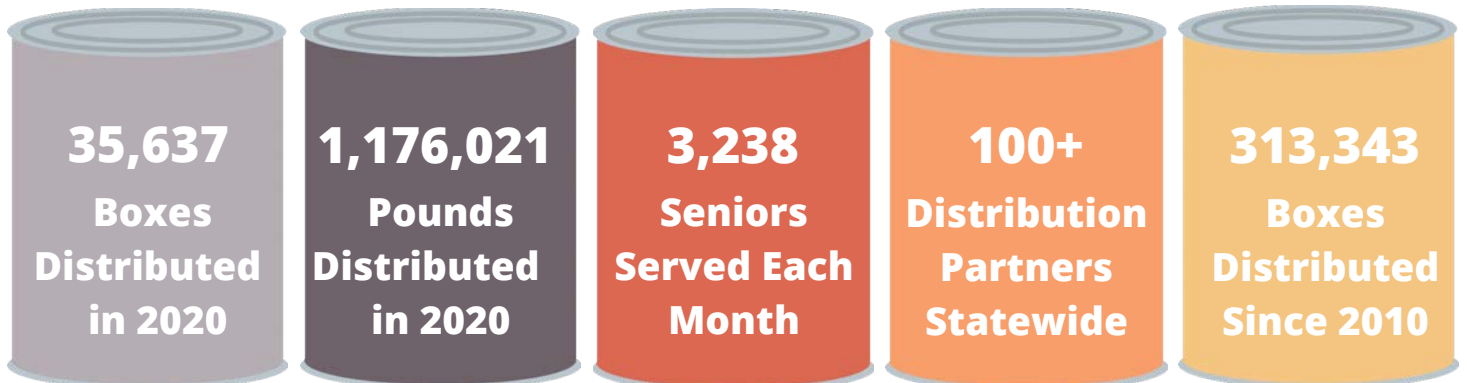
“ These people are helping many people like me and I appreciate this service 100%. Very helpful and kind and very useful. ”

“ I believe you all are doing an incredible service, outstanding job, and my thanks for maintaining quality in my life and others. ”

“ Your service is wonderful. The people are so kind and caring. ”



**Nationally, roughly 1 in 10 seniors struggle with hunger. Utah CSFP provides a monthly food box including a variety of healthy food such as canned fruits and vegetables, whole grains, beans, milk, cheese, and packaged meat.**



*This institution is an equal opportunity provider.*

# State Data

County	Population	Population over 65	Seniors in Poverty	CSFP Caseload	% Covered by CSFP	State Rank
Beaver	6,710	946	84	32	38.0	2
Box Elder	56,046	7,398	555	46	8.3	18
Cache	128,289	12,572	1,647	58	3.5	22
Carbon	20,463	3,683	604	74	12.3	15
Daggett	950	259	17	10	57.5	1
Davis	355,481	36,615	2,014	59	2.9	23
Duchesne	19,938	2,472	351	108	30.8	3
Emery	10,018	1,773	193	35	18.1	7
Garfield	5,051	1,212	114	12	10.5	16
Grand	9,754	1,892	231	38	16.5	9
Iron	54,839	7,074	927	39	4.2	21
Juab	12,017	1,430	129	21	16.3	10
Kane	7,886	1,845	173	22	12.7	14
Millard	13,188	2,347	277	6	2.2	26
Morgan	12,124	1,443	58	0	0.0	28
Piute	1,479	416	65	16	24.5	4
Rich	2,483	457	42	4	9.4	17
Salt Lake	1,160,437	129,969	11,697	1,869	16.0	12
San Juan	15,308	2,281	500	35	7.0	19
Sanpete	30,939	4,486	588	38	6.5	20
Sevier	21,620	3,567	432	98	22.7	5
Summit	42,145	5,647	265	2	0.8	27
Tooele	72,259	6,720	356	60	16.8	8
Uintah	35,734	4,038	448	72	16.1	11
Utah	636,235	50,263	4,875	109	2.2	25
Wasatch	34,091	4,193	210	0	0.0	28
Washington	177,556	39,062	3,789	83	2.2	24
Wayne	2,711	596	77	14	19.9	6
Weber	260,213	30,965	2,911	281	13.2	13

\*Population and poverty data from the U.S. Census Bureau. Seniors in poverty estimated.

\*\*Please note that these figures are for seniors 65+ at poverty level and therefore do not capture the total need within each county.

# Program Overview

The Commodity Supplemental Food Program (CSFP) serves just over 3,200 low-income seniors throughout Utah each month. The program is designed to meet the unique nutritional needs of participants, supplementing diets with a monthly package of healthy, nutritious USDA commodities. With one in six seniors struggling with hunger nationwide, CSFP prevents vulnerable seniors from having to choose between food and other basic needs.

## Who Qualifies

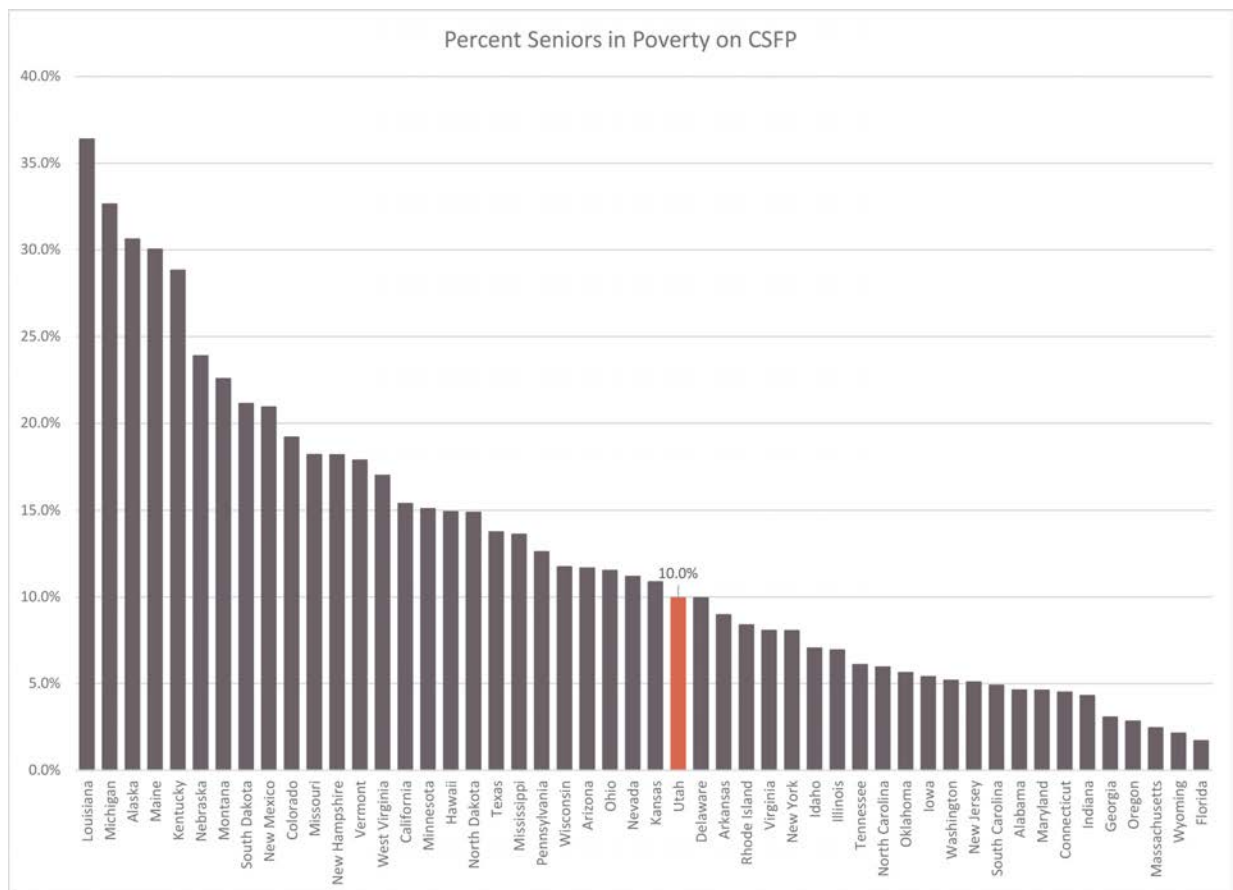
CSFP has eligibility requirements for both income and age. CSFP services individuals age 60 and over with incomes of less than 130% of the Federal Poverty Guideline (\$16,744 for a senior living alone in 2021).

## Targets Vulnerable Seniors

Unlike home-delivered meals and congregate feeding programs in senior centers, CSFP is focused specifically on the low-income senior population.

## Nationwide Reach

CSFP is available in all 50 states. Utah ranks 27th out of 50 states in providing service to at-need seniors.





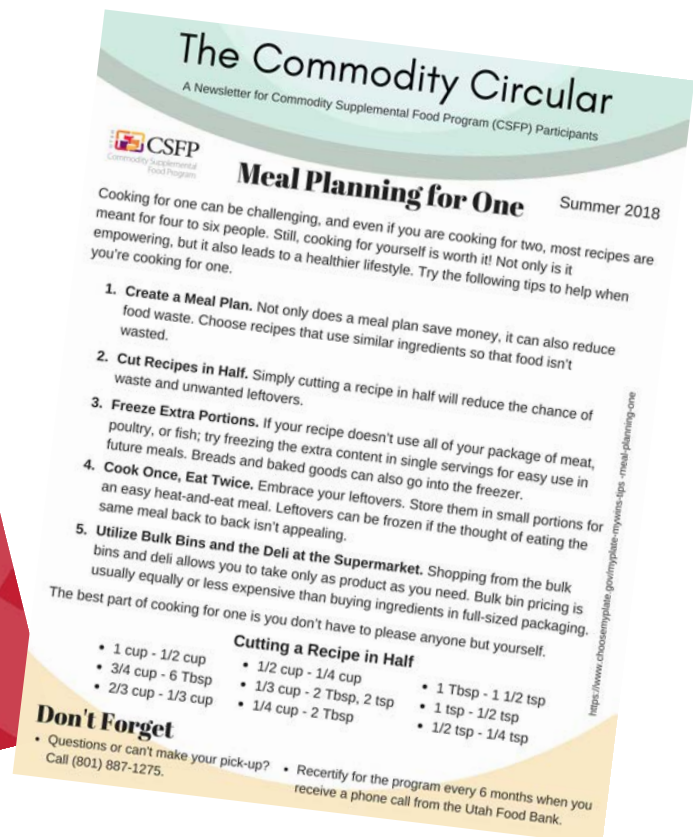
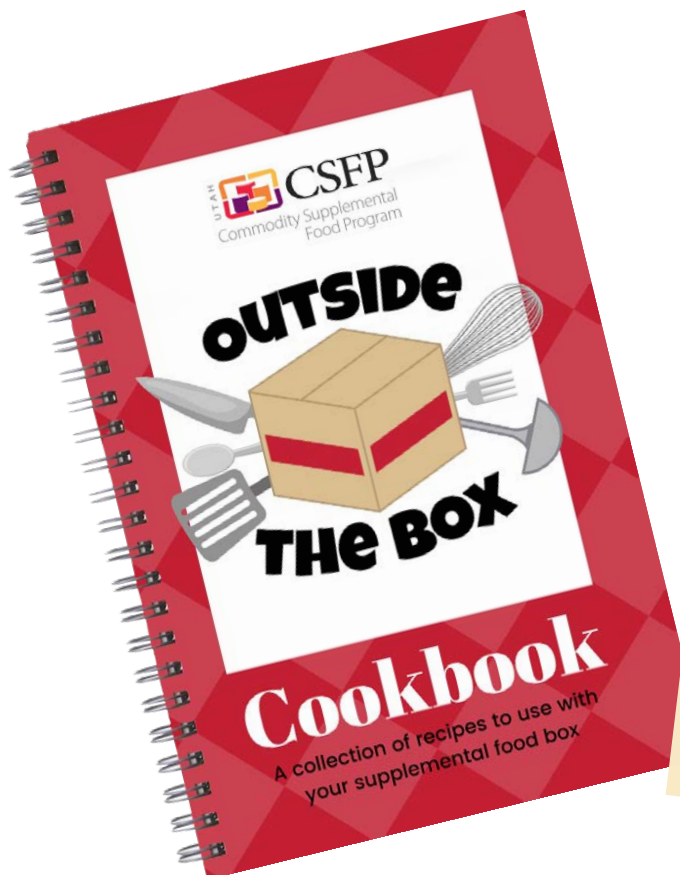
# Education Component

Utah CSFP takes the USDA charge to offer nutrition education to our clients seriously. Through handouts, special projects, and social media; we are working to improve the habits of the seniors on the program.

Every month a nutrition education handout is included in each and every food box that is distributed throughout the state. Each handout is prepared locally and focuses on issues identified in a comprehensive client survey administered every other year.

Once a year, Utah CSFP undertakes a special educational project. In years past the program has shared a large calendar, a cookbook that included dozens of recipes with commodities included in the program's food box, and an adult coloring book with fun artwork and a some nutrition education on every page.

Additionally, Utah CSFP continues to educate through social media. Included in this effort is a recent initiative to produce short explainer videos on senior health issues, including a video on how to avoid food poisoning.





# Utah CSFP Performance

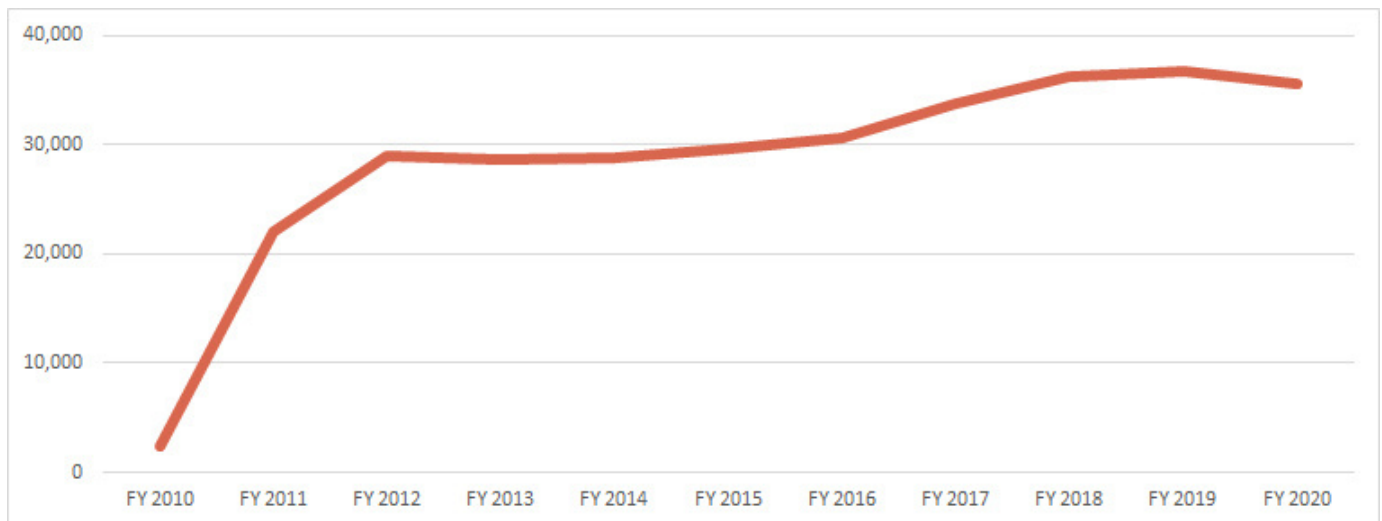
Since its introduction into Utah in 2010, CSFP has continually grown both in caseload and in its reach into counties throughout Utah.

Today Utah CSFP is available in all of Utah's 29 counties. Our federally assigned caseload for FY 2021 is 3,238 clients.

In order to qualify for additional caseload, a state must reach the threshold of 95 percent distribution of caseload. Outside some growing pains in the initial years of the program and recently due to client hesitancy during COVID, Utah CSFP has consistently reached that threshold and has thus seen caseload grow steadily over time.

Thanks to the incredible efforts of Utah Food Bank, the Utah CSFP is in a strong position to continue to grow. Together we can reach more at-risk seniors throughout all 29 counties in the state.

## Yearly Number of Boxes Delivered in Utah



Utah Food Bank stores, packages, and delivers over 30,000 boxes each year. Our goal is to continue to grow to meet the needs of a growing number of food insecure seniors in Utah.

# Your Responsibility

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Most of the administration of CSFP is covered by Utah Food Bank. The allocation of caseload, the purchasing of commodities, the shipping of food boxes, and the processing of applications are all handled by Utah Food Bank. But as a distribution site, you still are responsible in a number of ways to ensure the program is a success.

## **Identify Potential Clients**

As you serve the needs of the at-risk population in your community, pay special attention to those clients 60 years or older who may qualify for CSFP. You can leverage CSFP to free up other resources in your pantry to assist more families in your community.

## **Assist in the Application Process**

Seniors interested in participating in CSFP must first fill out an application form. Your site can verify identification and residency to expedite the process. You should also double check the application has been completely filled out and that there are signatures for the applicant as well as any proxy. Level of income is self-declared.

Once an application is completed, your site will mail, email, or fax the application to Utah Food Bank for certification.

## **Set a Distribution Schedule**

As a distribution site you set the time and means for the distribution of the food boxes to your clientele. When deciding your distribution schedule, please remember the demographics of the CSFP clientele. Our goal is to ensure that our clientele has every opportunity to receive its food box—so please plan your distribution schedule accordingly.

## **Collect a Signature for Each Box Delivered**

For each box distributed, a signature is required. This is an important federal requirement that protects the program from charges of fraud. If a participant is unable to pick up her own box, she is welcome to enlist a proxy to pick up the box for her; but any proxy must be on file as such with Food Bank prior to signing for a participant's box.

Utah Food Bank will provide you with signature sheets you can use while distributing boxes. It is critical for the success of the program that you collect signatures monthly and then return those signature sheets to the food bank before the end of the month.

## **Ensure Civil Rights**

As CSFP is a federal program, you are required to ensure the civil liberties of each client is met. All staff involved in CSFP is required to participate in Civil Rights training available on Utah Food Bank CSFP website every year. Additionally, your site is required to post USDA's "And Justice for All" poster in a prominent location where participants can see and clearly read it.

# Program Marketing

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With a limited budget, Utah CSFP needs to be strategic in its marketing. Since 2018, we have partnered with direct mailing newspapers in Salt Lake and Utah Counties in an effort to share our message with the public. We've also partnered with the County Seat public access television show and PBS Utah's Contact with Mary Dickson to market the program.

In Salt Lake County, we are advertising with City Journals throughout the county over the course of three months. The City Journal is delivered to nearly 200,000 homes and businesses each month.

In Utah County, Serve Daily is publishing an ad monthly from March 2018 to February 2019. Serve Daily has a overall reach of 13,000 households. In 2020, an ad was run in the Value Pages mailer in Utah and Davis Counties, reaching a total of 154,500 households.

In 2018, the Utah CSFP also arranged with the County Seat to film and air a segment outlining the program. The County Seat is broadcast on ABC 4 every Saturday night at 11:00 PM and Sunday morning at 8:30 AM. In 2019, the Utah CSFP was featured on PBS Utah's Contact with Mary Dickson community information program.

Finally, Utah CSFP maintains a Facebook page that is regularly updated with both educational and marketing content.

**FREE SENIOR FOOD BOX**

**CSFP**  
Community Supplemental Food Program

Seniors 60 years or older with a monthly income at or below \$1,316 qualify for a monthly senior food box distributed by the Utah Food Bank.

To sign up, contact the Utah Food Bank at 801-887-1224

**UTAH FOOD BANK**

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EACH FOOD BOX CONSISTS OF QUALITY USDA FOODS INCLUDING CANNED FRUITS AND VEGETABLES; DRIED RICE, PASTA, AND BEANS; MEATS; AND DAIRY PRODUCTS.

**COUNTY SEAT** Wendy Cox & Laura Mccaskill  
Utah Food Bank Volunteers





## Contact Utah CSFP for more information:

Denise Nielson, Outreach - 801 887-1224

Emily Roncancio, Inventory - 801 887-1280

Arie Van De Graaff, State Representative - 801 245-0087

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